Let’s Talk!

“Effective Family Communication”

  

**Join us for a presentation entitled, Let’s Talk! “Effective Family Communication.” Parents, students, teachers, and other stakeholders will get vital information on topics such as Scheduling family time, establishing family routines, eating meals together, allowing for one-on-one time, being an active listener, attacking the problem, not each other, showing kindness and appreciation, and staying connected through technology. They will also receive helpful strategies that will enable them to develop and improve ways to enhance communication amongst the family unit.**

**When: March 21, 2023**

**6:00- 7:00 p.m.**

**Hosted by Pitt County School’s Federal Program**

**Guest Presenter: Oliver Medina Garcia, Administrative Assistant**

**(ECU Family Therapy Clinic)**

**Register in advance for this meeting:**   
[https://pitt-k12-nc-us.zoom.us/j/93908544093?pwd=SUlNdWY2Rk85TUM2Qm82bzdQQmZEZz09](https://www.google.com/url?q=https%3A%2F%2Fpitt-k12-nc-us.zoom.us%2Fj%2F93908544093%3Fpwd%3DSUlNdWY2Rk85TUM2Qm82bzdQQmZEZz09&sa=D&ust=1674480180000000&usg=AOvVaw1aTHCwBiiESquK04CpDuCS)